



# MULTICULTURAL APPROACHES TO TRAUMA INFORMED CARE

US 2 BEHAVIORAL HEALTH CARE INC



## INSTRUCTOR

**SHENG LEE YANG**  
**MSW, LCSW, PMH-C**  
EXECUTIVE DIRECTOR

INFO@US2BHC.ORG 

(920) 903-1060 

WWW.US2BHC.ORG 

## COURSE DESCRIPTION

This training helps participants learn about trauma and implications of traumatic experiences on the brain science. Understanding these concepts and incorporating a new 'multicultural trauma informed lens' can reshape our interactions with minoritized communities. Knowing this approach helps participants advocate and implement new strategies in their professional settings. The workshop will address these issues through a combination of interactive dialogue, focused discussion, applied-practice exercises, and small group work.

### Learning Objectives:

1. Learn about the history, research, and foundation of Trauma Informed Care.
2. Learn about Trauma Informed Care from a historical, generational, and racial lens.
3. Identify the impact of trauma and culture on minoritized populations.
4. Explore the elements of a trauma responsive community and supports available in the community.

## CONTINUING EDUCATION

This workshop can be certified by NASW Wisconsin Chapter and satisfies Continuing Education requirements set by State of Wisconsin Department of Safety and Professional Services. Participants practicing as licensed Counselors, Social Workers and Therapists will receive 4 Continuing Education Hours (CEUs) or .4 Continuing Education Units (CEUs) upon completion of the course.