



THE WHITE IDENTITY:

A CONVERSATION FOR WHITE PEOPLE

US 2 BEHAVIORAL HEALTH CARE INC



INSTRUCTOR

SHENG LEE YANG
MSW, LCSW, PMH-C
EXECUTIVE DIRECTOR

INFO@US2BHC.ORG



(920) 903-1060



WWW.US2BHC.ORG



COURSE DESCRIPTION

Like the fish that doesn't know it is swimming in water, White people often do not recognize that they live in a predominantly White culture. We are so immersed in the environment that we fail to even recognize it as a unique place; a place that would feel strange or confusing to someone not as familiar with it, or from a different culture. This comfortability with the status quo of the dominant culture can be difficult to see how it represents a specific worldview, and how everyone may not share in that worldview.

In this course, we will examine sociological concepts of White fragility and White privilege while reflecting on our own reactions to these ideas. We will explore our own sense of comfort talking about race and ethnicity while developing the language and skills to work inclusively with people of non-dominant identities.

Participants will be asked to reflect on difficult questions and concepts with an openness to learning. We will look at historical events and ideas that have oppressed communities of color and furthered the dominance of White culture. We will be intentionally uncomfortable and learn to sit with that discomfort.

CONTINUING EDUCATION

This workshop can be certified by NASW Wisconsin Chapter and satisfies Continuing Education requirements set by State of Wisconsin Department of Safety and Professional Services. Participants practicing as licensed Counselors, Social Workers and Therapists will receive 4 Continuing Education Hours (CEUs) or .4 Continuing Education Units (CEUs) upon completion of the course.