



The Minority Identity: A Conversation for BIPOC Folks

INSTRUCTOR

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LEARNING OBJECTIVES

1. Examine key concepts of the minority identity model
2. To provide insight into the process of identity development for individuals from minority groups
3. To promote understanding, validation, and support for your unique experiences and to better integrate between different cultures

COURSE DESCRIPTION:

Step into a safe and empowering space with our training session to discuss our cultural identity and its intersectionality with other groups. Participants will be asked to reflect on difficult questions and concepts with willingness to learn and engage in open dialogue. We will look at historical events and ideas that have harmed our communities, and how we may have perpetuated the oppression without knowing. This program is designed to explore the unique experiences, challenges, and strengths of individuals from BIPOC communities, fostering a sense of connection and empowerment.

CONTINUING EDUCATION

This workshop can be certified by NASW Wisconsin Chapter and satisfies Continuing Education requirements set by State of Wisconsin Department of Safety and Professional Services. Participants practicing as licensed counselors, social workers and therapists will receive 4 Continuing Education Hours (CEUs) or .4 Continuing Education Units (CEUs) upon completion of the course.



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